

Is Your Tongue causing Your Health Problems?

What do we really know about the tongue? This muscle organ of the body is a mystery. Learn how important your tongue is to the health of your body. The tongue is the CEO of the human body, really! Your tongue can control how you sleep, eat, snore, chewing, swallowing, breathing and dental health. We will discuss how this oral muscle can create havoc in the body without your knowledge. We will be doing some exercises to determine who's in charge, you or your tongue. Trouble breathing, thinking, tired all the time? Breathing through your mouth, not your nose?



Dentistry is changing
DON'T JUST EXIST



PAT PINE, RDH, COM

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847-207-7463

PARTICIPANTS WILL BE ABLE TO:

- Discover how the tongue interacts with physical health
- Recognize function and mobility
- The Tongue is the most misunderstood muscle in the body
- Discuss what you can do to help your health
- Uncover what type of tongue is in your mouth?
- The mystery tongue will reveal it's job

~ "The purpose of life is a life of purpose." ~

SUGGESTED PRESENTATION LENGTHS:

- Keynote
- Half Day programs